## BRG

## BIRMINGHAM

## RACQUET <br> CLUB

## 2023-2024 INDOOR

TENNIS
PROGRAMS
SERVED BY


BASELINE TENNIS

## BRC <br> BIRMINGHAM Racquet Club

## 2023-2024 MEMBERSHIPS

## Membership fees listed below are one-time payments that will keep your membership active through August 31, 2024

Individual Membership
\$225
Family Membership ..... \$315
Junior Membership ..... \$105
Daytime Membership* ..... \$125
*Allows court usage weekdays 12:00 p.m. - 3:00 p.m.
20\% discount on memberships for Birmingham residents
HOURLY COURT FEES
Monday - Friday
7:00 am - 9:00 am ..... \$25\$28
\$37 9:00 am-6:00 pm 9:00 am - 9:30 pm ..... \$37
\$25
6:00 pm - 9:30 pm 9:30 pm-11:00 pmSaturday \& Sunday
Friday Only
6:30 pm - 9:30 pm ..... \$25
BALL MACHINE
One Hour ..... \$10 (plus court time)Unlimited Use
$\qquad$\$180Good for one calendar year from date of purchaseand doesn't include court time.

## PRIVATE LESSONS

| Hour Lesson............................. 75 - \$110 | Hour Lesson ............................. ${ }^{\text {S }} 80$ - \$115 |
| :---: | :---: |
| Semi-Private Lesson ................. ${ }^{\text {S }}$ 80-\$115 | Semi-Private Lesson................ ${ }^{\text {9 }}$ - \$125 |

Lessons less than 1 hour will be pro-rated based on individual pro's hourly rate.

## PRIVATE LESSON PACKAGES

Private packages are a fantastic way to save money and enjoy the convenience of not having to pay each time you take a lesson. You may purchase a ten lesson package in advance and receive a $5 \%$ discount off your pro's regular rate.

## BIRMINGHAM RACQUET CLUB PROFESSIONAL STAFF

## Kevin McGuffie USPTA

Kyle St. Pierre
Eric Berg

Matt Parker<br>USPTA<br>Tennis Director

## Mike Graff <br> USPTA

Chad Ruthig
USPTA

Matt Muhsam
USPTA

Mark Reznich
A.J. Fetzer

## CLUB HOURS

Mon \& Wed: 7:00 am to 11:00 pm
Tues/Thur/Fri/Sat \& Sun: 7:00am to 9:30pm
Closed on Labor Day, Thanksgiving Day, Christmas Day,
New Year's Day, Easter and Memorial Day

## PAYMENT, PRO-RATION, MAKE-UP AND CANCELLATION POLICIES

Full payment is due upon sign up. BRC does not pro-rate programs unless a student is signing up for a program after the start date. Make-up classes are not guaranteed; however, students are permitted 1 make-up class per session if space allows and make-ups cannot carry over to the next session. BRC has the right to cancel or shorten the length of a class if the number of paid participants is less than four people.

2023-2024 JUNIOR INDOOR TENNIS PROGRAMS

|  | SESSION I | SESSION II | SESSION III | SESSION IV | SESSION V |
| ---: | :---: | :---: | :---: | :---: | :---: |
| Dates: | Sep 5-Oct 22 | Oct 23-Dec 22 | Jan 2-Mar 10 | Mar 11-May 12 | May 13-Jun 9 |
| \# of Weeks: | 7 | 9 | 10 | 8 | 4 |
| 30 MIN: | Member \$112 <br> Guest \$147 | Member \$144 <br> Guest \$189 | Member \$160 <br> Guest \$210 | Member \$128 <br> Guest \$168 | Member \$64 <br> Guest \$84 |
| $\mathbf{6 0}$ MIN: | Member \$182 <br> Guest \$217 | Member \$234 <br> Guest \$279 | Member \$260 <br> Guest \$310 | Member \$208 <br> Guest \$248 | Member \$104 <br> Guest \$124 |
| 90 MIN: | Member \$245 <br> Guest \$280 | Member \$315 <br> Guest \$360 | Member \$350 <br> Guest \$400 | Member \$280 <br> Guest \$320 | Member \$140 <br> Guest \$160 |
| 120 MIN: | Member \$315 <br> Guest \$350 | Member \$405 <br> Guest \$450 | Member \$450 <br> Guest \$500 | Member \$360 <br> Guest \$400 | Member \$180 <br> Guest \$200 |

Junior Programs will not be running on the following dates:
November 23-26, December 23-January 1, March 25-31, May 27

USTA's 10 \& UNDER TENNIS: 10 and Under Tennis format takes a new and better approach to introducing kids to the game. Balls are lower in compression; they bounce lower and don't move as fast so they are easier to hit. This allows kids time to get to the ball and helps them develop optimal swing patterns. Racquets are sized for small hands, and the courts are smaller and easier to cover.


#### Abstract

CLINIC Pee Wee (Foam \& Red Balls) - Ages 4-6: Your child's first tennis experience establishes a foundation for athletic development including: hand-eye coordination, basic movement, listening skills, team cooperation and athletic tennis skills. It is a fun-filled introduction to the great lifetime sport of tennis. This class is taught on a $36^{\prime}$ court using foam balls and red balls.

Red Ball Level 1-Ages 6-8: This program will focus on the FUNdamentals of the game and will introduce partner rallying skills using the red ball on the $36^{\prime}$ court. Children will learn proper technique and simple tactics to help them with the first stages of cooperative tennis. The children will learn how to initiate a rally, how to move and adjust to the ball, and how to control the racquet at the point of contact. Fun games will be used to introduce basic scoring and match play.


Red Ball Level 2-Ages 7-10: Children will continue to improve their skills on the $36^{\prime}$ court and will also be introduced to the orange ball and the $60^{\prime}$ court. By the end of this program, a child should be able to play on either a $36^{\prime}$ or 60 ' court using underhand and overhand serving motions. Players will develop topspin, improved footwork, balance, swing technique and basic competitive strategy. They will be taught how to compete in match play events using proper tennis etiquette and sportsmanship.

Orange Ball Level 1 - Ages 8-10: Children will learn the basics of match play from the $60^{\prime}$ court for both singles and doubles. This class will focus on improving the fundamentals of good point play; positioning, racquet skills and coordination. Children will further develop their ability to use topspin to aid in directional control, and consistency. The overhand serve will continue to be improved upon and both the serve and return of serve will be covered regularly.

| DAY | TIME |
| :--- | :--- |
| Monday | $4: 30-5: 00 \mathrm{pm}$ |
| Wednesday | $4: 30-5: 00 \mathrm{pm}$ |
| Saturday | $9: 00-9: 30 \mathrm{am}$ |


| Monday | 4:30-5:30 pm |
| :--- | :--- |
| Wednesday | 5:30-6:30 pm |
| Saturday | 11:00am-12:00 pm |


| Monday | $5: 30-6: 30 \mathrm{pm}$ |
| :--- | :--- |
| Wednesday | 4:30-5:30 pm |
| Saturday | 11:00am-12:00 pm |


| Monday | 5:00-6:30 pm |
| :--- | :--- |
| Wednesday | 5:00-6:30 pm |
| Saturday | 9:30-11:00 am |

Orange Ball Level 2 - Ages 8-10: Players will continue to refine their technical and tactical tennis skills using the orange ball and will also be introduced to the green dot ball. This class will be taught on the $60^{\prime}$ court as well as the full $78^{\prime}$ court.

Tournament Development (Green and Yellow Balls) - Ages 9-12:
This class will build on the techniques established in the Orange Ball Level 2 class with more emphasis on match play skills including tennis rules, positioning, strategy and shot selection.

Teen Beginner (Orange, Green and Yellow Balls) - Ages 13-18: For teens who are relatively new to tennis. Learning to rally and play is the theme of each class. The students will be exposed to all the basic skills of tennis including ground strokes, volleys, overheads and serves. The goal of this class is to prepare less experienced players for Middle School and High School Training classes.

Middle School Training - Ages 11-14: This program caters to students who play on their middle school team or aspire to make the team. This training class will cover more advanced stroke production, consistency, serving technique and game play in a less competitive atmosphere than the tournament training classes.

High School Training - Ages 14-18: This class is for the competitive player who is having success in either singles or doubles and is aspiring to make their junior varsity or varsity high school team. Players should be able to sustain a medium/high-paced rally with direction and depth, recognize short balls and move to the net, and are developing serves with both spin and power. This is an ideal group for a player who wants to increase their skills in time for their season.

Tournament Training - Ages 9-14: This class is for the student who has developed the skills necessary for match play and is interested in a high-paced, intense atmosphere. We will focus on getting players ready to compete in both USTA tournaments and school teams. This class will cover advanced stroke production and footwork and competitive games will be used to introduce the strategies and tactics necessary for success in competitive tennis.

Tuesday $\quad$ 4:30-6:30 pm
Thursday $\quad$ 4:30-6:30 pm

| Monday | 4:30-6:30 pm |
| :--- | :--- |
| Wednesday | 4:30-6:30 pm |
| Sunday | $12: 00-2: 00 \mathrm{pm}$ |

Sunday $\quad$ 12:00-2:00 pm

| Tuesday | $4: 30-6: 30 \mathrm{pm}$ <br> Thursday <br> Saturday |
| :--- | :--- |
| $4: 30-6: 30 \mathrm{pm}$ <br> 2:00-4:00 pm |  |

Sunday $\quad$ 2:00-4:00 pm

| Monday | 4:30-6:30 pm |
| :--- | :--- |
| Wednesday | $4: 30-6: 30 \mathrm{pm}$ |
| Saturday | $12: 00-2: 00 \mathrm{pm}$ |

YOU CAN REGISTER FOR ALL
PROGRAMS ONLINE AT www.birminghamracquetclub.com

USTA Junior Team Tennis Practice: This weekly sign up practice is designed for BRC's yellow ball players looking for competitive matchplay. Live ball rallying drills, competitive games and situational match play will be used to improve players' singles and doubles skill sets. (Member $\$ 30$ / Guest $\$ 35$ )

Friday 4:30-6:30pm (starting September 15th)
JUNIOR WALK-ON POLICY FOR 2023-2024 INDOOR SEASON
Any junior member currently enrolled in a program or camp is entitled to free walk-on court time once a week. No reservations will be accepted for free walk-on court time use. Junior members are welcome to bring guests in to play. Guests are responsible for their portion of the regular court cost plus a $\$ 5$ guest fee per visit.

2023-2024 ADULT INDOOR TENNIS PROGRAMS

|  | SESSION I | SESSION II | SESSION III | SESSION IV |
| ---: | :---: | :---: | :---: | :---: |
| Dates: | Sept 5-Oct 22 | Oct 23-Dec 22 | Jan 2-Mar 10 | Mar 11-May 12 |
| \# of Weeks: | 7 | 9 | 10 | 8 |
| 60 MIN: | Member \$182 <br> Guest \$217 | Member \$234 <br> Guest \$279 | Member \$260 <br> Guest \$310 | Member \$208 <br> Guest \$248 |
| 90 MIN: | Member \$245 <br> Guest \$280 | Member \$315 <br> Guest \$360 | Member \$350 <br> Guest \$400 | Member \$280 <br> Guest \$320 |

Adult Session Programs will not be running on the following dates: November 23-24, December 23-January 1, March 25-31
CLINIC
Beginner: This clinic is designed for those who have
not played tennis or have been away from the game
and are ready to sharpen their skills.

Advanced Beginner: Designed for those who have minimal playing experience but have knowledge of the basic strokes and are ready to learn how to play

Intermediate: This clinic is designed for those who have decent stroke fundamentals and have experienced match play and are ready to take their game to the next level.

Drill and Play: This program combines intensive drilling and instruction along with plenty of supervised play. Our professional staf will develop not only your strokes, but your competitive edge and doubles strategy as well.

Cardio Tennis: This group activity features drills to give players of all abilities an ultimate high energy workout. This workout includes a 10 minute warmup, 45 minute cardio workout, and 5 minute cool down. (Drop-In Rate: Member \$25/Guest \$30)

Organized Practice: This practice combines intensive training on all strokes with special emphasis on doubles strategy. (Member \$40/Guest \$45)

| NTRP | DAY | TIME |
| :--- | :--- | :--- |
| 1.0-2.0 | Tuesday | $6: 30-7: 30 \mathrm{pm}$ |
|  | Wednesday | $11: 30-12: 30 \mathrm{pm}$ |
|  | Thursday | 11:00-12:00 pm |
| 2.0-2.5 | Tuesday | $8: 30-9: 30 \mathrm{pm}$ |
|  | Wednesday | $10: 30-11: 30 \mathrm{am}$ |
|  | Wednesday | $7: 30-8: 30 \mathrm{pm}$ |
|  | Thursday | $10: 00-11: 00 \mathrm{am}$ |
|  |  |  |
| 3.0-3.5 | Tuesday | $7: 30-8: 30 \mathrm{pm}$ |
|  | Wednesday | $8: 30-9: 30 \mathrm{pm}$ |
|  | Thursday | $9: 00-10: 00 \mathrm{am}$ |
|  | Thursday | $6: 30-7: 30 \mathrm{pm}$ |


| 3.0 and Up | Monday | 11:30 am-1:00 pm |
| :--- | :--- | :--- |
| 3.0 and Up | Monday | 7:30-9:00 pm |


| 3.0 and Up | Tuesday | $6: 30-7: 30 \mathrm{pm}$ |
| :--- | :--- | :--- |
| All Levels | Friday | $12: 00-1: 00 \mathrm{pm}$ |
| 3.0 and Up | Saturday | $8: 00-9: 00 \mathrm{am}$ |
| All Levels | Sunday | $9: 00-10: 00 \mathrm{am}$ |

3.0 and Up Saturday $\quad$ 9:00-11:00 am

## INDOOR USTA TEAMS

Combo Leagues \& Team Singles Men's / Women's - October-December Team Singles- January-March

## USTA SUMMER TEAMS Forming February

## ADULT TENNIS LEAGUES

All league players must be members of the Birmingham Racquet Club

## Session I

September 11 -December 6 12 Weeks
Omit November 20-24

Day
Monday
Wednesday

Session II
January 8 - May 1
16 Weeks
Omit March 25-29

Session Fees

Level
Men's 3.0-3.5 Singles
Men's 4.0-4.5 Singles

Time
9:00-10:30 pm
9:30-11:00 pm

I II
\$276 \$368
\$276 \$368

## Suburban League Practices

These practices are designed for ladies who participate on our suburban league tennis teams. We will cover all strokes with special emphasis on double strategy.
6.5 Team $\qquad$ .Tuesday $\qquad$ 11:00-12:30 pm
7.5-8.0 Teams ....Wednesday ....... 11:30-1:00 pm
( $\$ 30$ per practice $w /$ weekly sign up required) Suburban league players must be BRC members. *Matches are played daytime on Fridays.

## Ladies Doubles Ladder

You will partner with every player on your court, each week, in rotating doubles play. Weekly match-ups will be based on the previous week's results. Ladder participants are required to be BRC members.
3.0 and Up............Wednesday...... 1:00-2:30 pm
3.5 and Up............Thursday........... 1:00-2:30 pm

Session I
Sept 13 - Dec 7 (12 Weeks-Omit Nov 20-24) \$276 Session II
Jan 10 - May 2 (16 Weeks-Omit Mar 25-29) \$368

## PICKLEBALL OPPORTUNITIES FOR ADULTS AT THE BRC

Pickleball Drill and Play
Mondays 6:30-7:30pm
This program will combine drills and
instruction on tactics and strategies
along with supervised play.
*Pricing based on 60 minute tennis class
session pricing.

Pickleball Open Play
Tuesdays 8:00-9:00am
This match play hour will be supervised and directed by a staff professional. Players will warm-up and play fun and competitive matches for the hour.
*Weekly sign-up required
\$15 member/\$20 non member

## Adult Beginner \& Advanced Beginner Supervised Tennis Match Play Mondays 1:00-2:30pm

This program is designed for 2.0-2.5 level players. You just need a basic understanding of tennis scoring and the ability to start a point using the serve and you can play matches!
(Pricing based on 90 minute tennis class session pricing)
Visit us on the web at: www.birminghamracquetclub.com

