



BIRMINGHAM

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RACQUET  
CLUB

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2019-2020  
INDOOR TENNIS  
PROGRAMS

SERVED BY



BASELINE TENNIS



## 2019-2020 MEMBERSHIPS

Membership fees listed below are one-time payments that will keep your membership active through August 31, 2020

Individual Membership.....	\$185
Family Membership.....	\$265
Junior Membership .....	\$95
Daytime Membership*.....	\$95

*\*Allows court usage weekdays 12:00 p.m. - 3:00 p.m.*

## HOURLY COURT FEES

### Monday - Friday

### Saturday & Sunday

7:00 am - 9:00 am .....	\$24	7:00 am - 9:00 am.....	\$28
9:00 am - 9:30 pm.....	\$37	9:00 am - 6:00 pm .....	\$37
9:30 pm - 11:00 pm.....	\$24	6:00 pm - 11:00 pm .....	\$28

### Friday Only

6:30 pm - 11:00 pm .....	\$24
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## BALL MACHINE

One Hour ..... \$10 (plus court time)

Unlimited Use ..... \$175

Good for one calendar year from date of purchase and doesn't include court time.

## PRIVATE LESSONS

### Member Rates

### Guest Rates

Hour Lesson.....\$75 - \$100  
Semi-Private Lesson .....\$80 - \$105

Hour Lesson.....\$80 - \$105  
Semi-Private Lesson.....\$90 - \$115

*Lessons less than 1 hour will be pro-rated based on individual pro's hourly rate.*

## PRIVATE LESSON PACKAGES

Private packages are a fantastic way to save money and enjoy the convenience of not having to pay each time you take a lesson. You may purchase a ten lesson package in advance and receive a 5% discount off your pro's regular rate.

## BIRMINGHAM RACQUET CLUB PROFESSIONAL STAFF

**Kevin McGuffie**  
USPTA

**Matt Parker**  
USPTA  
Tennis Director

**Ben Taylor**  
USPTA

**Mike Graff**  
USPTA

**Mark Reznich**

**Sarah Johnston**  
USPTA

**Kyle St. Pierre**

**Danny Krsteski**

**Kelly Smith**  
USPTA

## CLUB HOURS

Monday - Sunday  
7:00 am to 11:00 pm

Closed on Labor Day, Thanksgiving Day, Christmas Day,  
New Year's Day, Easter and Memorial Day

### PAYMENT, PRO-RATION, MAKE-UP AND CANCELLATION POLICIES

*Full payment is due upon sign up. BRC does not pro-rate programs unless a student is signing up for a program after the start date. Make-up classes are not guaranteed; however, students are permitted 1 make-up class per session if space allows and make-ups cannot carry over to the next session. BRC has the right to cancel or shorten the length of a class if the number of paid participants is less than four people.*

## 2019-2020 JUNIOR INDOOR TENNIS PROGRAMS

	SESSION I	SESSION II	SESSION III	SESSION IV	SESSION V
Dates:	Sep 3-Oct 21	Oct 21-Dec 22	Jan 2-Mar 8	Mar 9-May 17	May 18-Jun 14
# of Weeks:	7	9	10	9	4
½ Hour:	Member \$98 Guest \$119	Member \$126 Guest \$153	Member \$140 Guest \$170	Member \$126 Guest \$153	Member \$56 Guest \$68
1 Hour:	Member \$161 Guest \$189	Member \$207 Guest \$243	Member \$230 Guest \$270	Member \$207 Guest \$243	Member \$92 Guest \$108
1½ Hours:	Member \$217 Guest \$245	Member \$279 Guest \$315	Member \$310 Guest \$350	Member \$279 Guest \$315	Member \$124 Guest \$140
2 Hours:	Member \$287 Guest \$322	Member \$369 Guest \$414	Member \$410 Guest \$460	Member \$369 Guest \$414	Member \$164 Guest \$184

*Junior Programs will not be running on the following dates:  
November 28 - December 1, December 23 - January 1, April 6 - April 12, May 25*

**USTA's 10 & UNDERTENNIS:** 10 and UnderTennis format takes a new and better approach to introducing kids to the game. Balls are lower in compression; they bounce lower and don't move as fast so they are easier to hit. This allows kids time to get to the ball and helps them develop optimal swing patterns. Racquets are sized for small hands, and the courts are smaller and easier to cover.

CLINIC	DAY	TIME
<b>Pee Wee (Foam &amp; Red Balls) - Ages 4-6:</b> Your child's first tennis experience establishes a foundation for athletic development including: hand-eye coordination, basic movement, listening skills, team cooperation and athletic tennis skills. It is a fun-filled introduction to the great lifetime sport of tennis. This class is taught on a 36' court using foam balls and red balls.	Monday	4:30-5:00 pm
	Wednesday	4:30-5:00 pm
	Saturday	9:00-9:30 am
<b>Red Ball Level 1 - Ages 6-8:</b> This program will focus on the FUNdamentals of the game and will introduce partner rallying skills using the red ball on the 36' court. Children will learn proper technique and simple tactics to help them with the first stages of cooperative tennis. The children will learn how to initiate a rally, how to move and adjust to the ball, and how to control the racquet at the point of contact. Fun games will be used to introduce basic scoring and match play.	Monday	4:30-5:30 pm
	Wednesday	5:30-6:30 pm
	Saturday	11:00-12:00 pm
<b>Red Ball Level 2 - Ages 7-10:</b> Children will continue to improve their skills on the 36' court and will also be introduced to the orange ball and the 60' court. By the end of this program, a child should be able to play on either a 36' or 60' court using underhand and overhand serving motions. Players will develop topspin, improved footwork, balance, swing technique and basic competitive strategy. They will be taught how to compete in match play events using proper tennis etiquette and sportsmanship.	Monday	5:30-6:30 pm
	Wednesday	4:30-5:30 pm
	Saturday	11:00-12:00 pm
<b>Orange Ball Level 1 - Ages 8-10:</b> Children will learn the basics of match play from the 60' court for both singles and doubles. This class will focus on improving the fundamentals of good point play; positioning, racquet skills and coordination. Children will further develop their ability to use topspin to aid in directional control, and consistency. The overhand serve will continue to be improved upon and both the serve and return of serve will be covered regularly.	Monday	5:00-6:30 pm
	Wednesday	5:00-6:30 pm
	Saturday	9:30-11:00 am

<b>Orange Ball Level 2 - Ages 8-10:</b> Players will continue to refine their technical and tactical tennis skills using the orange ball and will also be introduced to the green dot ball. This class will be taught on the 60' court as well as the full 78' court.	Tuesday	4:30-6:30 pm
	Thursday	4:30-6:30 pm

<b>Tournament Development (Green and Yellow Balls) - Ages 9-12:</b> This class will build on the techniques established in the Orange Ball Level 2 class with more emphasis on match play skills including tennis rules, positioning, strategy and shot selection.	Monday	4:30-6:30 pm
	Tuesday	4:30-6:30 pm
	Wednesday	4:30-6:30 pm
	Sunday	12:00-2:00 pm

<b>Teen Beginner (Orange, Green and Yellow Balls) - Ages 13-18:</b> For teens who are relatively new to tennis. Learning to rally and play is the theme of each class. The students will be exposed to all the basic skills of tennis including ground strokes, volleys, overheads and serves. The goal of this class is to prepare less experienced players for Middle School and High School Training classes.	Sunday	12:00-2:00 pm
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<b>Middle School Training - Ages 11-14:</b> This program caters to students who play on their middle school team or aspire to make the team. This training class will cover more advanced stroke production, consistency, serving technique and game play in a less competitive atmosphere than the tournament training classes.	Thursday	4:30-6:30 pm
	Saturday	12:00-2:00 pm
	Saturday	2:00-4:00 pm

<b>High School Training - Ages 14-18:</b> This class is for the competitive player who is having success in either singles or doubles and is aspiring to make their junior varsity or varsity high school team. Players should be able to sustain a medium/high-paced rally with direction and depth, recognize short balls and move to the net, and are developing serves with both spin and power. This is an ideal group for a player who wants to increase their skills in time for their season.	Sunday	2:00-4:00 pm
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<b>Tournament Training - Ages 9-14:</b> This class is for the student who has developed the skills necessary for match play and is interested in a high-paced, intense atmosphere. We will focus on getting players ready to compete in both USTA tournaments and school teams. This class will cover advanced stroke production and footwork and competitive games will be used to introduce the strategies and tactics necessary for success in competitive tennis. Tournament Training students are expected to play in USTA tournaments during their session.	Monday	4:30-6:30 pm
	Wednesday	4:30-6:30 pm
	Saturday	12:00-2:00 pm

<b>High School Elite - Ages 14-18:</b> This class is for the student who is working toward or currently plays varsity high school tennis. Advanced stroke production, cooperative and competitive games, footwork, conditioning and strategy will all be part of the class curriculum. Players are expected to maintain a high level of intensity at all times and are expected to participate in USTA tournaments.	Tuesday	4:30-6:30 pm
	Thursday	4:30-6:30 pm

**\*Acceptance into this program must be approved by one of the BRC's professional staff.**

**YOU CAN REGISTER FOR ALL PROGRAMS ONLINE AT**  
[www.birminghamracquetclub.com](http://www.birminghamracquetclub.com)

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**Red Ball/Orange Ball Match Play Events:** "Match Play" is an affordable way to add an additional day to your tennis training. Games, contests and matches will be used to put your skills to the test. Players must be able to self start all points and keep track of score. Play will be supervised by our professional staff. (Junior Program Participants \$10/ All others \$15) \*Contact the BRC to be put on the interest list for these events. Event dates will be emailed.

**USTA TEAM TENNIS PRACTICE:** Team tennis participants will have the opportunity to practice prior to their weekend matches. Rallying drills, competitive games and situational match play will be used to improve players' singles and doubles skill sets. (Member \$25 / Guest \$30 OR a package of 10 for member \$220 / Guest \$270)

**Friday 4:30-6:30pm (starting September 13th)**

## 2019-2020 ADULT INDOOR TENNIS PROGRAMS

	SESSION I	SESSION II	SESSION III	SESSION IV
Dates:	Sept 3 - Oct 20	Oct 21 - Dec 22	Jan 2 - Mar 8	Mar 9 - May 10
# of Weeks:	7	9	10	8
1 Hour:	Member \$161 Guest \$189	Member \$207 Guest \$243	Member \$230 Guest \$270	Member \$184 Guest \$216
1 1/2 Hours:	Member \$217 Guest \$245	Member \$279 Guest \$315	Member \$310 Guest \$350	Member \$248 Guest \$280

*Adult Session Programs will not be running on the following dates:  
November 28 - 29, December 23 - January 1, April 6-10*

CLINIC	NTRP	DAY	TIME
<b>Beginner:</b> This clinic is designed for those who have not played tennis or have been away from the game and are ready to sharpen their skills.	1.0-2.0	Monday Tuesday Wednesday Thursday	8:30-9:30 pm 6:30-7:30 pm 11:30-12:30 pm 11:00-12:00 pm
<b>Advanced Beginner:</b> Designed for those who have minimal playing experience but have knowledge of the basic strokes and are ready to learn how to play.	2.0-2.5	Tuesday Tuesday Wednesday Wednesday Thursday	12:00-1:00 pm 8:30-9:30 pm 10:30-11:30 am 7:30-8:30 pm 10:00-11:00 am
<b>Intermediate:</b> This clinic is designed for those who have decent stroke fundamentals and have experienced match play and are ready to take their game to the next level.	3.0-3.5	Tuesday Wednesday Thursday Thursday	7:30-8:30 pm 8:30-9:30 pm 6:30-7:30 pm 9:00-10:00 am
<b>Drill and Play:</b> This program combines intensive drilling and instruction along with plenty of supervised play. Our professional staff will develop not only your strokes, but your competitive edge and doubles strategy as well.	2.5-3.5 +	Monday Monday Wednesday	11:30 am-1:00 pm 7:30-9:00 pm 9:00-10:30am
<b>Cardio Tennis:</b> This group activity features drills to give players of all abilities an ultimate high energy workout. This workout includes a 10 minute warm-up, 40 minute cardio workout, and 10 minute cool down. (Drop-In Rate: Member \$20 / Guest \$24)	3.0 and Up All Levels 3.0 and Up All Levels	Tuesday Friday Saturday Sunday	6:30-7:30 pm 12:00-1:00 pm 8:00-9:00 am 9:00-10:00 am
<b>Organized Practices:</b> These heavy-duty workouts combine intensive training on all strokes with special emphasis on doubles strategy. (Member \$36 / Guest \$40)	3.0 and Up 3.5 and Up	Saturday Sunday	9:00-11:00 am 10:00-12:00 pm

<b>INDOOR USTA TEAMS</b> <b>Combo Leagues</b> <b>Men's / Women's - October-December</b> <b>Mixed - January-March</b>	<b>OUTDOOR</b> <b>USTA SUMMER TEAMS</b> <b>Teams forming</b> <b>February 1</b>
<i>Teams are offered at levels of 2.5 through 4.5. Inquire at the club about availability.</i>	

## ADULT TENNIS LEAGUES

All league players must be members of the Birmingham Racquet Club

### Session I

September 9 - December 12  
13 Weeks  
Omit November 26-30

### Session II

January 6 - April 29  
16 Weeks  
Omit April 6-10

Level	Day	Time	Session Fees	
			I	II
Women's 3.0-3.5 Singles	Tuesday	1:00-2:30 pm	\$247	\$304
Men's 3.0-3.5 Singles	Monday	9:30-11:00 pm	\$247	\$304
Men's 4.0-4.5 Singles	Wednesday	9:30-11:00 pm	\$247	\$304

### Suburban League Practices

These practices are designed for ladies who participate on our suburban league tennis teams. We will cover all strokes with special emphasis on double strategy.

6.5 Team .....Tuesday ..... 11:00-12:30 pm  
7.5-8.0 Teams.....Monday ..... 1:00-2:30 pm  
7.5-8.0 Teams....Wednesday ..... 11:30-1:00 pm

(Drop-In Rate: \$28 / 10-Practice Package: \$240)

### Ladies Doubles Ladder

You will partner with every player on your court, each week, in rotating doubles play. Weekly match-ups will be based on the previous week's results. Come out and enjoy this social yet competitive program.

3.0 and Up ..... Wednesday ..... 1:00-2:30 pm  
3.0 and Up ..... Thursday ..... 1:00-2:30 pm

#### Session I

Sept 11 - Dec 12 (13 Weeks-Omit Nov 26-30) \$247

#### Session II

Jan 8 - April 30 (16 Weeks-Omit Apr 6-10) \$304

## USTA OPPORTUNITIES FOR YOUTH AT THE BRC

### USTA TEAM TENNIS

We offer USTA Team Tennis during the entire indoor season, with practices beginning in September and matches starting in October and running until March. Contact the club for more details about how to get involved on a team!

### USTA JUNIOR TOURNAMENTS

The Birmingham Racquet Club hosts USTA sanctioned tournaments throughout the calendar year. Participating in tournaments increases your knowledge of the game and showcases your talents against other area juniors. For a complete list of the area's upcoming tournaments and registration visit: [www.semich.usta.com](http://www.semich.usta.com).

### JUNIOR WALK-ON POLICY FOR 2019-2020 INDOOR SEASON

Any junior member currently enrolled in a program or camp is entitled to free walk-on court time once a week. No reservations will be accepted for free walk-on court time use. Junior members are welcome to bring guests in to play. Guests are responsible for their portion of the regular court cost plus a \$5 guest fee per visit.

**YOU CAN REGISTER FOR ALL PROGRAMS ONLINE AT**  
**[www.birminghamracquetclub.com](http://www.birminghamracquetclub.com)**



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Visit us on the web at: [www.birminghamracquetclub.com](http://www.birminghamracquetclub.com)